## **Dental Infections**

Sel de Med Salt water gargle 3 x per day between meals

Coconut Oil pulling 1x per day for 3-5 mins at bed

Cardio ND gargle and apply to gum area 6x per day after meals and between

Clove oil brushing and apply to gums

3x per day after salt water gargle

Fresh Pressed Garlic juice apply to gums 3x per day between meals

Nuclezyme Forte 6 caps 3x per day between meals

ADP 2 cap 3x per day with meals

NEEM oil apply to gums Apply before bed