## Why Do I Need Mud Packing?

## Interference Fields:

An interference field is an area of the body (small or large) that tests abnormally as a result of individual or multiple factors, such as scars, physical or emotional trauma, infection, nutritional deficiencies, heavy metal toxicity, etc. An interference field can impede the normal, healthy electromagnetic flow of the body's acupuncture meridian system, thus creating symptomology that is difficult to trace back to its original root cause by conventional methods. However, identifying an interference field can now be easily done using the Bi-Digital O-Ring Test (as developed by Dr. Yoshiaki Omura, MD, Sc.D.)

<u>Note</u>: the size of an interference field does not dictate its importance. For example: larger scars are generally more troublesome, but a very small scar can also be highly reactive and create troublesome symptoms.

<u>Keep in mind</u>: in general, the patient often does NOT complain about the site of the interference field. It is usually the reflex area of the interference field that creates the distressing symptoms.

## **Examples of Common Interference Fields**

## Scars

Areas where the epidermis of the skin has been cut

- · Any type of surgical scars
  - Scars from invasive procedures (such as those for the gallbladder, the heart or for cancer)
  - Mole or skin cancer removal scars
  - Episiotomy scars, C-section scars, breast implants, tummy tucks, cosmetic surgery
  - Shunt scars
- Internal scars
  - Scars that may not be visible: internal hysterectomy scars, internal sinus surgery, etc.
  - Exploratory surgery
  - Hernia repair
- Traumatic scars: from falls, cuts, etc.
- Puncture areas: from hypodermic injections, intravenous Drug Therapy, spinal blocks, etc.
- Acne scars; chicken pox scars, animal bites, bites from mosquitos or other insects, etc.





